

Well-being idioms

Read these idioms and guess their meaning. Which of these idioms are used to say that someone is full of energy?

1. vim and vigor

2. as right as rain

3. be as fresh as a daisy

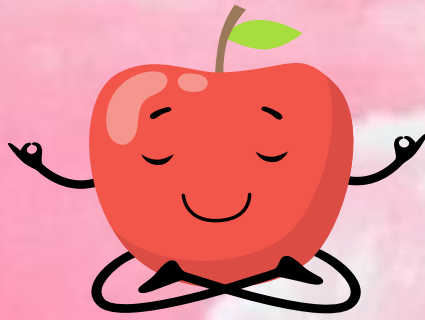
4. on the mend

5. hale and hearty

Meaning:

- a) in good health
- b) to be full of energy
- c) to feel healthy and well again
- d) to be getting better after an illness or injury
- e) to be full of energy and enthusiasm





Answers



1. b)

2. c)

3. e)

4. d)

5. a)

