

Teacher's Wellbeing and Professional Development Calendar

August 2020

Mon	Tue	Wed	Thu	Fri	Sat	Sun
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Happy teacher - happy students					Cook a new dessert and share it with people you love	Spend 2 hours in the fresh air
3	4	5	6	7	8	9
Make a list of 5 things you haven't done this summer	Start doing number 1 from your list	Notice what colour the sunset is tonight	Do some teacher's development: read an article about using photos link	Start doing number 2 from your list	Add 2 more songs to your playlist	Time for digital detox.
10	11	12	13	14	15	16
Make a list of 5 books you would like to read	Watch a film that brings sweet memories	Start doing number 3 from your list	Take some funny photos with people you love	Visit our FB page and get a check list for story reading link	Take a beautiful photo to put on your desktop	Contact a person you haven't been in touch with for a while
17	18	19	20	21	22	23
Do revision of your desk and bookshelves	Start doing number 4 from your list	Think about your well-being. Watch this TED talk How can we support the emotional well-being of teachers? link	Visit our FB page and find a new article about teaching teens link	Start doing number 5 from your list	Visit a place you haven't visited before	Create a collage from the photos of this summer
24	25	26	27	28	29	30
Relax	Make a list of 5 things you would like to teach your students next year	Do some teacher's development: Read and article Inspiration, Courage and Creative Writing link	Watch NGL in Ukraine Webinar for Primary Teachers link	Time to play. Play this online game link	Spend the morning in the fresh air	Time for beauty procedures
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Make a list of 5 things to make this autumn awesome						